

Disability Rights Legal Center

CLRC

Cancer Legal Resource Center

The CLRC is a joint program of the Disability Rights Legal Center & Loyola Law School Los Angeles

National Office:
800 S. Figueroa Street, Suite 1102 ♦ Los Angeles, CA 90017

Midwest Regional Office:
c/o McDermott Will & Emery LLP
227 West Monroe Street, 44th Floor ♦ Chicago, IL 60606

866.THE.CLRC (866.248.2572) ♦ TDD: 213.736.8310

Fax: 213.736.1428 ♦ CLRC@LLS.edu
www.CancerLegalResourceCenter.org

Budget Sheet

For the Month of _____

MONEY COMING IN

(Income, Assets)

REGULAR RECURRING INCOME (A)

Wages _____	\$ _____
Tips _____	\$ _____
Child support _____	\$ _____
Unemployment compensation _____	\$ _____
Government benefits:	
State Disability Insurance _____	\$ _____
Short or long term disability insurance _____	\$ _____
Supplemental Security Income _____	\$ _____
Social Security Disability Insurance _____	\$ _____
Interest on assets _____	\$ _____
Other _____	\$ _____

NON-RECURRING INCOME (B)

Garage sale _____	\$ _____
Fundraising _____	\$ _____
Inheritance _____	\$ _____
Gifts _____	\$ _____
Other _____	\$ _____

TOTAL INCOME (A + B) = C _____ \$ _____

ASSETS

401K or IRA _____ \$

Stocks _____ \$

Bonds _____ \$

Savings _____ \$

Life Insurance _____ \$

Other _____ \$ _____

TOTAL ASSETS _____ \$ _____

MONEY GOING OUT

(Expenses)

NONMEDICAL (D)

Rent or mortgage _____ \$

Gas _____ \$

Electricity _____ \$

Water _____ \$

Travel (gas and parking) _____ \$

Telephone/cell _____ \$

Food _____ \$

Clothing _____ \$

Loans _____ \$

Credit card payments _____ \$

Professional services (financial planners, attorneys) _____ \$

Car insurance premium _____ \$

Health insurance premium _____ \$

Life insurance premium _____ \$

Child care _____ \$

Pet care _____ \$

Personal care _____ \$

Entertainment/leisure _____ \$ _____

Other _____ \$ _____

MEDICAL (E)

Prescription drug costs _____ \$

Copayments and other experimental or other treatments not covered by insurance _____ \$

Special foods and nutritional supplements _____ \$

Communication (phone calls, faxes, copies of medical records, etc.)
with doctors, friends, and relatives _____ \$ _____

Lodging (a place for the patient and/or family to stay)			
during treatment done away from home	_____		\$ _____
Meals during travel or clinic visits	_____		\$ _____
Extra child care costs	_____		\$ _____
Special equipment or clothing	_____	\$ _____	
Other	_____	\$ _____	
TOTAL EXPENSES (D + E) = F	_____		\$ _____

BALANCE YOUR BUDGET

Income – Expenses (C – F) = _____

If you have a negative balance, look at your assets (p.1) to see which if any can be tapped in to.

Then, continue on to complete the irregular income and expenses portion of your budget—which can either be monthly or annual.

IRREGULAR INCOME AND EXPENSES

Examples of irregular income: bonus, tax refund, babysitting, one-time dividend payment

_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
TOTAL _____	\$ _____

Examples of irregular expenses: surgery deductible, tuition payment, car repair, vacation

_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
TOTAL _____	\$ _____

For more information on financial assistance and credit counseling resources in your area, contact the CLRC at 866-843-2572 or visit www.CancerLegalResourCenter.org.

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